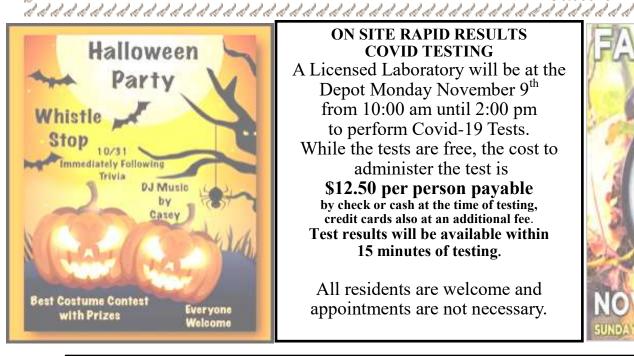
A Resident-Owned 55 Years and Over Residential Community

Weekly Newsletter of Events & Activities in Zellwood Station Where the Good Life Begins....



The Signal Community Newsletter Mindy Farr - Recreation Director Location: The Depot Phone: (407)886-4606 mfarr@zellwoodstation.net

October 31 ~ November 6, 2020



### ON SITE RAPID RESULTS **COVID TESTING**

A Licensed Laboratory will be at the Depot Monday November 9<sup>th</sup> from 10:00 am until 2:00 pm to perform Covid-19 Tests. While the tests are free, the cost to administer the test is

\$12.50 per person payable by check or cash at the time of testing, credit cards also at an additional fee. Test results will be available within 15 minutes of testing.

All residents are welcome and appointments are not necessary.



### Red Cap Meeting

The next Red Cap membership meeting will be on Tuesday November 3, 2020 at 8:00 a.m. in the Caboose.

Coffee, hot tea and donuts will be provided. Social distancing will be adhered to and masks should be worn at all meetings.

The regular business and treasury report will be presented and tentative plans for 2021. Bring a new neighbor to the meeting and a cap of 26 chairs socially distanced will be the cut-off capacity.

Red-caps please mark your calendar's and remember to bring your mask on November 3rd.

Tom Thomas, Redcap Board Member





## The Shed Sale is Back!

Saturday, November 7th 8:00 am to 12:00 pm Parking lot behind the Woodshop

Furniture, household items & much more! Bring your friends and family. Come early for the best selection. For more information contact Sandy Pipkin at 321-231-8049 or

Phyllis McIntyre at 407-951-4662. Cash or check made out to ZSCA/Signal Lights



for Apopka Loaves & Fishes

### \*\* November 2nd thru 13th \*\*

Donations of canned goods and non-perishables will be accepted in the Depot.



Sponsored by Signal Lights



### YOU MAKE A DIFFERENCE DONATE BLOOD

Wednesday November 11th, 2020 In the lower Depot parking lot 8:00 a.m. to 6:00 p.m.

Register online for an appointment <a href="https://donor.oneblood.org/donor/schedules/drive-schedule/1003493">https://donor.oneblood.org/donor/schedules/drive-schedule/1003493</a>

All donors will receive a FREE giveaway, and a wellness checkup including blood pressure, temperature, iron count, pulse, cholesterol screening, and COVID antibodies testing!

Also, Be entered into
Win a FREE Golf foursome at Z.S.
for a donation!

Due to Thanksgiving holiday, Co-op Agenda meeting will be Thursday November 12<sup>th</sup> at 2:00 p.m.at the White House. The Board Meeting will be November 19th at 2:00 p.m. at the Clubhouse. Our Veterans from Zellwood Station are partnering with FPG (Family Physician Group) of Apopka

Mobile Open House Celebration Thursday November 5th 10:00 a.m. ~ 2:00 p.m. Lower Depot Parking Lot

1st station is our "Registration, Refreshments and Temperature screening", our 2nd station is our main event which is "Dj entertainment, TV games and Virtual Apopka Office Tour" in this station we have 8 chairs located 6ft apart of each other, which is the capacity respecting COVID-19 safety regulations, this session is around 30 minutes, and our 3rd station the community can talk with our staff about our Clinics and PCP, about their benefits with Medicare or Medicaid plans and also we will bring some goodies from our payers (Cigna, Wellcare, Careplus, Florida Blue, Simply, Freedom-Optimum, Aetna, Humana) PLUS \$10 Gift card per participant.

See insert enclosed in todays Signal RSVP: Call Carolina 407-978-2132

Or Roger Main for additional details: 407-782-3766



For reservations or additional information contact Carolyn Bedinelli at 860-424-2493

or Nirka Gomez at 708-257-3815.
To follow CDC regulations, masks to be were until sessed at table & if socializing at other tables. Social distancing recommunded

### SUNDAY FOOTBALL IS BACK AT THE WHISTLE STOP!





The Whistle Stop Restaurant will be closed on Thanksgiving Day.

Wishing all residents a Happy, Safe & Healthy Thanksgiving!

### Special Congratulations Anniversaries

Don & Loraine Porter ~ 64th November 3, 2020

Virgil & Glenna Boetcher ~ 73rd November 8, 2020

Vern & Judy Clearwater ~ 58th November 10, 2020

David & Hazel Brigman ~ 72nd November 11, 2020

> Tom & Dodie Hill ~ 60th November 12, 2020

Jim & Billie Ash ~57th November 23, 2020

Special anniversaries of 50 years or more, should be brought to the attention of the Recreation Office at least 30 days in advance.

### The Whistle Stop Restaurant and Lounge <u>Hours for the Whistle Stop</u>

Tuesday 11:00 a.m.. ~ 7:00 p.m. MAIN MENU & Special 6:30 p.m. Rock n Roll Bingo

Wednesday 11:00 a.m. ~ 4:30 p.m. MAIN MENU 4:30 p.m.. ~ 7:00 p.m. Blue Plate Special \$9.95

Thursday 11:00 a.m. ~ 7:00 p.m. MAIN MENU & Special 6:30 p.m. Bar Bingo

Friday
11:00 a.m.~ 5:00 p.m. MAIN MENU
5:00 p.m.. ~ 7:00 p.m. Limited Dinner Menu
on Entertainment nights
(Reservations suggested for live entertainment)

Saturday 11:00 a.m.. ~ 7:00 p.m. MAIN MENU & Special 6:30 p.m. Trivia

> <u>Sunday</u> 11:00 a.m.. ~ 5:00 p.m. SUNDAY LIMITED MENU until 4:00 p.m.

Happy Hour Tuesday ~ Saturday 3:00 p.m. ~ 6:00 p.m.

### BAR CLOSE HOURS MAY BE SUBJECT TO BARTENDER AND BUSINESS VOLUME

Call the Whistle Stop at (407) 814-7005 for menu and drink specials or visit our Facebook page at:

The Whistle Stop at Zellwood Station

Or you can send an email to <a href="https://www.whistlestop.zellwoodstation@gmail.com"><u>Whistlestop.zellwoodstation@gmail.com</u></a>
If you would like to be on our email list to receive notices of dinner specials and upcoming events.

Offering Pick-up and Delivery Tuesday ~ Saturday 11:00 a.m. to 6:00 p.m. 407-814-7005

### ARC Update

Semi-annual inspections are completed for all of the villages.

Any questions, concerns, or requests for extensions should be called into the White House.

When a violation is taken care of, please let the White House know.

We appreciate your cooperation in clearing up any violations.

Thanks for your cooperation in continuing to have

Zellwood Station be a great place to call home.

Lois Marshall ARC Administrator 407-886-0000 x228 lmarshall@zellwoodstation.net

# RED CAPS CONTACT LIST FOR FREE LONER MEDICAL EQUIPMENT

The Red Caps have a variety of medical equipment available to borrow. If you are in need of a walker, wheelchair, crutches, or any kind of medical equipment please feel free to contact the Red Caps representative listed below to see if they have what you are looking for. This service for Zellwood Residents is free of charge.

> Mike Logan 407-509-9834 Frank Sledjeski 813-416-1478 Charles Thomas 304-692-1956

We ask that you return the items in clean condition. Please limit your requests for equipment between the hours of 9:00 AM and 4:30 PM





### Rolling Hills Holiday Luncheon

We are planning a Lunch get together, December 4, 2020 at 11:30 AM at the Whistle Stop. We will utilize the "MENU" for ordering. It would be great if we could PRE-ORDER so they can accommodate us quicker.

Please bring a WRAPPED gift, (\$10 or under) for a GIFT EXChannge game. Looking forward to seeing everyone and doing something together as a community.

Please RSVP 315-699-9871 <u>MaletaSnell@gmail.com</u> Stay safe!!!

Regards from your Rolling Hills Board; Maleta Snell - President Arlene Kemp - Vice President Gail Wagner - Secretary Bob Otto - Treasurer



November 4th-25th.



Thursday 10/29 Buffet & Menu

Beef Brisket Corn Baked Beans Goat Cheese Mac & Cheese Breaded Pork Crater



Saturday 10/31 Buffet & Menu

Parmesan Brussels Sprout Pasta Salad Pumpkin Baked Ziti Pasta with Sausage Barley Risotto w/ Butternut Squash Pile of Bones - Pork Ribs Stuffed Scary Peppers w/ Chicken, Beans & Cheese Vegetable Medley



Tuesday 11/03 Buffet & Menu

Shepherd's Pie Bratwurst & Sauerkraut Braised Green Cabbage Potato Medley

## BLUE PLATE SPECIAL

Wednesday 10/28
Fried Chicken, Mash potato,
Gravy, Green Beans

**Wednesday 11/4**Pulled Pork Quesadillas
Red Beans & Rice
Salsa, Sour Cream

From 4:30 p.m. ~ 7:00 p.m.

\$9.95

BUFFETS ARE \$10 INCLUSIVE AND RUN FROM 5:00 p.m. ~ 6:30 p.m.



If you have items in the ceramic cabinets that you want to pick up before the closing on 11/19, you will be able to pick them up on Thursdays at 2:00 p.m. in Bldg.D 11/5, 11/12 or 11/19.

We are hoping that after the 1st of the year, we will be able to open once again.

It is all going to depend on interest.

## Weekly Calendar of Zellwood Station Activities October 31 ~ November 6, 2020

### Saturday, October 31

8:00 Pickleball with Instructions	Clubhouse Courts
9:00 Shuffleboard	Depot Courts
6:30 Trivia/Halloween Party/Dance	Whistle Stop

### Sunday, November 1

2:00 a.m. **Turn Clocks back a HOUR** 11:00 ~ 5:00 The Whistle Stop Restaurant

Ice Cream Truck.....Nov 15th, 22nd &29th

### Monday, November 2

8:30 Ladies Stretch Exercise	Caboose
8:30 Open Mixed Tennis	Depot Courts
9:00 ~ 1:00 Wood Shop407-558-9102 b	
9:00 Inside Walking Class	Caboose
10:00 Quilt Workshop9th & 23rd	Bldg. D
12:00 AquaciseNew Time & Locatio	nDepot Pool
12:00 Canasta	Caboose
1:00 Couples GolfSept 14 ~ Nov 30	Pro Shop
6:00 Pickleball Lite	
6:30 Duplicate Bridge	Caboose

### Tuesday, November 3

8:00 Ladies 18 hole golf	Pro Shop	
8:00 Red Caps meeting	Caboose	
8:00 Red Caps Aluminum Pickup		
8:00 Pickleball with Instructions	Clubhouse Courts	
9:00 ~ 1:00 Wood Shop407-558-9102 by		
9:00 HorseshoesBy Shuffleboard Cour	tsDepot Courts	
9:00 Bus –Cancelled Until Further Notice		
9:30 Architectural Committee10th &	24thDepot	
9:30 Yoga ~ Gentle Stretch. With CD	Caboose	
9:30 Craft WorkshopCancelled Until		
11:00-1:00 Audio Books & DVD Distribution	nDepot	
(DVD After hours: Judy Kellogg 407-880-9714)		
1:00 Splash & Dash	Depot Pool	
2:00 PotteryNeed Chairperson		
(Cancelled Until Further N	otice)	
6:30 Cribbage	Boxcar	
6:30 Rock and Roll Bingo	Whistle Stop	
7:00 Pinochle	Caboose	

### Wednesday, November 4

7:45 Ladies 9 hole golf	Pro Shop
8:30 Ladies Stretch Exercise	
8:30 Open Mixed Tennis	Depot Courts
9:00 Shuffleboard	
9:00-11:00 Greenhouse is <b>OPEN</b>	
$9:00 \sim 1:00 \text{ Wood Shop } \dots 407-558-9102$	by appointment only
9:00 Inside Walking Class	Caboose
9:00 Stained Glass Workshop	Bldg. D
9:00 TOPS Weight Loss Support	Boxcar
12:00 AquaciseNew Time & Location	1 Depot Pool
12:30 Cribbage	Boxcar
7:00 Euchrehiatus till Dec 2, 2020	Caboose
7:00 Bingo	Depot

### Thursday, November 5

8:00 Pickleball with InstructionsClubhouse Courts		
8:00 Men's Nasty Niners 9-hole golfPro Shop		
9:00 ~ 1:00 Wood Shop407-558-9102 by appointment only		
9:30 Yoga		
10:00 Signal Lights BOD & MembersBoxcar		
10:00 ~ 2:00 FPG Mobile Open HouseLower Depot Lot		
1:00 CeramicsNeed Chairperson Last day Nov 19Bldg. D		
(Closed Oct 22nd & 29th)		
1:00 Splash & DashDepot Pool		
3:00 Joy of Coloring Need Chairperson		
(Cancelled Until Further Notice)		
6:30 Bar BingoWhistle Stop		
Friday, November 6		
Thuay, November o		
8:30 Open Mixed TennisDepot Courts		
8:30 Ladies Stretch Exercise		
9:00 Scrapbooking Change LocationBoxcar		
$9:00 \sim 1:00 \text{ Wood Shop }407-558-9102$ by appointment only		
9:00 Inside Walking ClassCaboose		
9:00-11:00 Greenhouse is <b>OPEN</b>		
10:30 Yoga (Chair) . <b>DVD</b> Caboose		



10:00 Aquacise......New Time & Location.....Depot Pool 7:00 Jody & The Trouble Brothers......Depot

Readers, It is seriously time to show off your mask and tell us about your favorite "reads".

We are still meeting the 2nd Tuesday of the month at 7:00 p.m. in the Craft Rm (Bldg.D). November 10th

Can't wait to see everyone. Bring a friend. New members always welcome. If you can't be there, please send the title/author of your favorite book, and perhaps, a wee teaser.

We will be putting together our reading list for 20xx=2021. Of course, it is always more fun to make personal "pitch" for your book of choice! Bring your favorite beverage and munchie.

Judy Kellogg-Furey 407.880.9714 407.949.8273 jkelloggfurey@gmail.com